



Ottawa – St. Lawrence – Outaouais Chapter /  
Section d'Ottawa Saint-Laurent Outaouais

**Eco Farm Day Feb 28, 2015**  
at the Ramada Inn, Cornwall, Ontario

Presented by the Canadian Organic Growers Ottawa-St Lawrence-Outaouais Chapter (COG-OSO) in partnership with Organic Meadow and the Bauta Initiative on Seed Security

Keynote address: *Healthy Land, Healthy People, Healthy Profits: Using Holistic Management for Sustainable Agriculture*, delivered by Tony McQuail, educator with the Holistic Management Institute and farmer since 1973 at Meeting Place Organic Farm in southern Ontario

Featuring a dynamic range of workshops on topics related to Livestock Production, Field Crops, Market Growers, and much more:

- scaling up the market farm - increasing profits and sustainability
- organic certification - proposed alternative models for small-scale farmers
- crop rotations, cover crops and weed management in organic field crops
- organic pasture management optimizing animal health AND farm profits
- root cellars - extending the fruit/vegetable market season
- organic pastured pork - adding breeding stock to your organic farm
- open pollinated corn - growing and adapting varieties for organic farms
- organic vineyard production in the Outaouais
- growing and marketing organic medicinal herbs in the Outaouais region
- value added products from goat and sheep milk
- organic beehive management techniques

Registration includes a trade show with over 50 booths and a buffet lunch featuring local organic farm products. There is simultaneous translation into French of the keynote presentation and three workshops.

More information and updates at:

internet: [ecofarmday.ca](http://ecofarmday.ca)

facebook: [facebook.com/cogosochapter](https://www.facebook.com/cogosochapter)

phone: 613-244-4000 ext.4

email: [ecofarmday@cog.ca](mailto:ecofarmday@cog.ca)